

## Evaluating Treatment Options: Initial Consultation Questions

- How much experience do you have delivering this form of therapy?
- How much success have you observed using this form of therapy to treat children with autism exhibiting symptoms similar to those of my child?
- Do you believe the therapy can effectively address my child's condition?
- What benefits can we expect from this therapy?
- How much time is required to see progress?
- Are there any risks associated with this therapy?
- Could the therapy interact favorably or unfavorably with conventional treatments?
- Will the therapy interfere with any of the child's daily treatments/activities?
- How long will the child need to undergo treatment? How often will his/her progress or plan of treatment be assessed?
- How is progress measured?
- What type of equipment or supplies are needed, and what will they cost?
- Are there any conditions for which this treatment should not be used?
- Are there any risks generally associated with this treatment?
- Do you have any current or previous clients who would be willing to talk with me?
- Do you make data-driven decisions about treatment?
- Is there any research supporting the treatment's efficacy and use, especially as it relates to children with autism?
- May I come and observe at your facility in advance of beginning treatment for my child?  
(Due to confidentiality concerns, this may not always be possible.)